

Don't Miss our exciting Instructional Study Days for 2024!



www.eismart.co.uk

REGISTERED CHARITY no 1198679



Thursday 4th April 2024

Thursday 11th April 2024

Friday 12th April 2024

Thursday 19th September 2024

Thursday 26th September 2024

Friday 27th September 2024

Cost: £135 per day; £375 three days

1. The Ei SMART Framework – Foundation Level Training

Venue: 1 day Online 9.00 – 4.15pm Cost: £135

Dates: Book Thursday 4th April 2024 on this link: <https://www.eventbrite.co.uk/e/810433066117?aff=oddtcreator>

Book Thursday 19th September 2024 on this link: <https://www.eventbrite.co.uk/e/810433066117?aff=oddtcreator>

Each study day provides an in-depth introduction to the Ei SMART framework and is our Foundation level training before progressing to our Implementation days. The content is aimed specifically at doctors, nurses, therapists and everyone who is interested in neurodevelopment and early intervention right from the NNU to the community.

Ei SMART is a framework for clinical reasoning based on evidence based principles to give high risk babies the best start in life. It spans infant development from birth, to pre-school and beyond. It uniquely supports infant development by integrating Sensory, Motor, Attention and regulation and Relational development through co-production between multi-disciplinary healthcare professionals and parents working Together.

This study day is co-developed and presented by our team of therapists, (OT, PT, SLT), Nursing and medical practitioners, and parents with lived experience of having babies and young children with developmental differences and challenges.

Foundational Study day content includes:

- **Evidence for why you should use the Ei SMART framework in early intervention.**
- **How co-production is embedded within the Ei SMART approach.**
- **Expand your skills and knowledge as you learn to focus on the relative contributions of, and the important inter-relationships between Sensory, Motor, Attention & Regulation and Relationships – Together.**
- **Application in the NNU and after discharge to optimise the neurodevelopment of infants at high risk of developmental challenges and how to cascade knowledge to support parents and carers.**

Objectives

1. Define the 6 core principles of Ei SMART and how to begin to competently apply them to promote and support early infant and child development.
2. Recognize the interrelated threads of Ei SMART - SENSORY, MOTOR, ATTENTION & REGULATION, and RELATIONSHIPS, TOGETHER, and how the threads come together in an infant's neurodevelopment.
3. Learn how the Ei SMART framework innovatively approaches early intervention (Ei) through supporting an infant's sensory (S), motor (M), attention and regulation (A), and relational (R) development, with healthcare professionals and parents working together (T).
4. Explain why the Ei SMART approach influences every parent-infant relationship and every interaction and intervention defined Together (T) by parents, therapists, and health careers, as well as gaining a foundational knowledge and emerging competence about how to leverage the Ei SMART approach in daily practice to support the neurodevelopment of infants.

This study day is essential training for everyone working and interested in evidence based early intervention for infants and young children at risk of developmental challenges both in the Neonatal Unit and after discharge in follow-up.

Ei SMART Framework: Provisional Foundation Day 2024 Programme

Time	Session	Speaker/ hosts to be confirmed
9.00am-9.05am	Welcome and zoom housekeeping	
9:05am-10:00am	<i>Introduction to early intervention & neuroplasticity</i> 45 mins plus 10mins Q&A	
10.00am-10.15am		
10.15am-11:15am	<i>Perinatal brain injury and developmental risks</i> 45 mins plus 15 min Q&A	
11.15am-11.45am	<i>Introduction to the Ei SMART threads</i> 30 mins	
11:45am-12:30pm	<i>Start SSMART: NICU</i> 40 mins plus 5 mins Q&A	
12.30 – 1.15pm		
1.15am-2.00pm	<i>Start SSMART: Early Intervention after discharge</i> 40 mins plus 5 mins Q&A	
2.00pm- 2.45pm	<i>Building Attention, regulation, cognition and communication</i> 40 mins plus 5 mins Q&A	
2:15pm-3pm	<i>Relationships and later years</i> 40 mins plus 5 mins Q&A	
3pm-3:15pm	Break	
3:15pm-3:45pm	<i>Together – collaboration and co-production</i>	
3:45pm-4:15pm	Closing discussion and remarks	



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2. Implementation of the Ei SMART Framework Study days

Venue: Online 9.00 – 4.15pm Cost: £135 per day

Dates: 11th April and 12th April 2024 and 26th and 27th September

Two separate but complimentary study days suitable for doctors, nurses and therapists who have a good understanding of the Ei SMART framework and want to begin to implement it in the **Neonatal Unit** and/or in **community settings**, bridging the gap between hospital and home.

These implementation workshops are co-produced and delivered by our team of therapists, (OT, PT, SLT), Nursing and medical practitioners, and parents with lived experience of having babies and young children with developmental differences and challenges.

A: Implementing the Ei SMART framework in the Neonatal Unit.

Dates: Thursday 11th April 2024 or Thursday 26th September 2024

Content includes:

- Learn about the application of the S, M, A, and R, in the NNU and working Together with parents in co-production and partnership.
- Consider how the Ei SMART framework could be incorporated into daily/weekly ward rounds/systematic reviews and how the use of this framework would influence your conversations with parents and your team.
- Discuss how to use the Ei SMART approach to bridge the gap between hospital and home
- Learn how to use the Ei SMART framework to co-produce goals in partnership with parents.

- **Book 11th April 2024 on this link:** <https://www.eventbrite.co.uk/e/810583706687?aff=oddtcreator>
- **Book 26th September on this link:** <https://www.eventbrite.co.uk/e/810615953137?aff=oddtcreator>

B: Implementing the Ei SMART framework after discharge and in early intervention

Dates: Friday 12th April 2024 or Friday 27th September 2024

This study day will focus on implementing the Ei SMART framework after discharge and in community settings.

Content includes:

- An introduction to implementing the Ei SMART framework after discharge to deliver holistic and effective early intervention.
- Consider how the Ei SMART threads are integrated into neurodevelopmental therapy.
- Learn how to use Ei SMART to co-produce goals in partnership with parents
- Learn how to bring the SMART Together to promote activity and participation.
- What's needed to run 'Ei SMART' clinics – hear from practitioners.
- **Book 12th April 2024 on this link:** <https://www.eventbrite.co.uk/e/810621760507?aff=oddtcreator>
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- **Book 27th September on this link:** <https://www.eventbrite.co.uk/e/810635862687?aff=oddtcreator>

Book online via EventBrite links below

Cost: £135 per day; £375 three days

Study Day	Date	EventBrite Link
Ei SMART Foundation Day	Thursday 4 th April 2024	https://www.eventbrite.co.uk/e/810433066117?aff=oddtcreator
Implementation Ei SMART framework in NICU	Thursday 11 th April 2024	https://www.eventbrite.co.uk/e/810583706687?aff=oddtcreator
Implementation Ei SMART framework after discharge	Friday 12 th April 2024	https://www.eventbrite.co.uk/e/810621760507?aff=oddtcreator
Ei SMART Foundation Day and Implementation Ei SMART framework in NICU and Implementation Ei SMART framework after discharge	4 th April 11 th April 12 th April	https://www.eventbrite.co.uk/e/810705872087?aff=oddtcreator
Ei SMART Foundation Day	Thursday 19 th Sept 2024	https://www.eventbrite.co.uk/e/810553385997?aff=oddtcreator
Implementation Ei SMART framework in NICU	Thursday 26 th Sept 2024	https://www.eventbrite.co.uk/e/810615953137?aff=oddtcreator
Implementation Ei SMART framework after discharge	Friday 27 th Sept 2024	https://www.eventbrite.co.uk/e/810635862687?aff=oddtcreator