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EISMART – promoting and enhancing your child's development.

Attention/Regulation

TOP TIPS to support your baby's communication development

1. Make eye contact at eye level during interacting and playing with your baby – try and get into a face to face position.

Motor



- 2. Talk to your baby about what is happening in the moment such as 'you are very interested in looking at that window' aren't you, or 'I can see you like looking at that nice colourful picture on the wall'.
- - **3.** Use gestures to support talking and interaction with your baby i.e. pointing, waving, clapping, a head nod for yes and a head shake for no
 - 4. Imitate what your baby is doing, encourage them to imitate you using gestures, sounds and facial expressions babies love smiles!
 - **5.** When talking or playing with your baby, allow your baby time to respond & take a turn, you can use pauses and waiting. This is the beginning of a conversation. Babies often need some time to respond OBSERVE, WAIT and LISTEN!



6. Look at, point at and talk about the pictures in books you read together with your baby.



- 7. Explore and describe the textures, smells and colours of books, clothes, food, toys and everyday items in your home babies love a little walk around looking at pictures and photos and other colourful objects.
- 8. Your baby loves hearing your voice, remember to read, sing and talk to your baby using eye contact and varied intonation/'voices', since it helps your baby develop language repetition is great for building up your baby's words.



9. Use a variety of facial expressions and gestures: it grabs your baby's attention and promotes interaction



10. Babies start at a young age to turn to your voice or sound. By 6 months many babies know their name already so use your baby's name frequently

Play is how a child learns. This leaflet was created to provide ideas for activities which can support communication, language, interaction and social emotional development. Development varies from child to child and these activities are not intended as medical or therapeutic advice. if you have any concerns about your child speak to your GP or health visitor.

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